

# What They Forgot To Tell You At The Pharmacy...



Pain is not only unpleasant physically, emotionally one suffers as well.

When the body's tissue is damaged, it reacts with pain and dealing with long-term pain that is associated with certain conditions like fibromyalgia, arthritis, migraine, headaches as well as nerve or muscle pain can be trying but it does not have to be an everyday struggle.

Most people go through the day without pain. Occasionally, we lift a heavy object, strain our neck and back, play sports or exercise too vigorously. When that happens, we get acute pain. This pain is usually short-lived and can be treated with over the counter pain relievers. Usually Tylenol (acetaminophen) or a non-steroidal anti-inflammatory such as Motrin or Advil is all that is needed. For more severe pain, narcotics such as Vicodin or Percocet are prescribed. These medications are ingested orally.

**They must pass through our gastrointestinal tract, be absorbed and travel through our body before they can reach the site of pain.**

They are also metabolized by the liver and excreted through the kidney. Therefore, a fairly large dose must be given through the mouth in order to have an effect on any one small area of the body.

**Many cells in the body must be exposed to the effects of these medications in order to reach the one site of pain that is the intended target.**

Wouldn't it be better if we could put the drug right near the area of pain so that the highest concentration of medication would be near the target site?

Wouldn't it be better if we could limit the exposure of other areas of our body to the potentially harmful effects of these drugs?

That is the case for topical pain relievers.

## **The Benefits Associated With Topical Pain Relievers with Cannabidiol Oil, or CBD**

New to pain management are 100% Organic CBD Oils. Everyone is different and the kinds of pain that people have is just as different.

A key benefit is that side effects like stomach irritation can be avoided. The patient is given more options to better treat their pain rather than relying on oral medication.

The use of a proper CBD Oil topical pain reliever can provide a combination of several different medications through one cream or gel. This treatment can be easily applied to the injured area which enables patients the ability to eliminate the use of several different drugs.

**Let's face it, not everyone is the same size or has the same symptoms or even pain tolerances.**

Readily available medications many times don't offer the correct dosage strength for everyone.

By developing the kind of CBD oil topical creams that are able to support the different kinds of drugs in addition to increasing its ability to be absorbed, patients are able to receive a less invasive, convenient, and relatively risk free method for accomplishing this customized form of pain management.

In conclusion, topical pain medications are a good addition to the arsenal of pain relievers. Each one has its benefits and side effects. These medications not only provide pain relief on their own, but may decrease the amount of other stronger drugs that a patient may need to take. They work locally at the site of pain, thereby limiting toxic systemic effects such as gastrointestinal irritation, kidney or liver damage. A thorough discussion of all your options with your pain management specialist is the best option to coming up with the right combination of medications for a patient's individual needs.

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